

EMERGENCY ACTION PLAN RENDLESHAM



Club Name:	Wickham Market Youth Football Club
Club Address:	Jubilee Park, 17 Mayhew Road, Rendlesham,
Postcode:	IP12 2GT
What3words location:	Owned.Brush.Magical.
Telephone:	N/A.

FIRST AIDERS / HELPER INFORMATION

Name	Mobile Number
For queries about this EAP:	
Helen Finlinson/Nicola Woods	07989357843/07846943113
See relevant coach for first aider on day of match	

FIRST AID EQUIPMENT AND FACILITIES

Item	Location
Defibrillator	On rear outside wall of the pavilion, in the car park.
Stretcher	No
First Aid Room	First aid kit is in the Pavilion kitchen cupboard labelled First Aid.

ACCESS ROUTES

For Ambulance	
From Pitch to Ambulance	Through gate on the car park adjacent to pavilion. ?Key to gate in first aid box in kitchen

OTHER INFORMATION

Nearest A&E / Trauma Hospital:	Ipswich Hospital, Heath Road, Ipswich.
Fastest Route to A&E / Trauma Hospital:	Turn left out of the car park onto Mayhew Rd toward Tidy Rd , Turn right onto Sycamore Drive , Turn right onto Acer Rd , Turn right onto A1152 , At the roundabout, take the 2nd exit onto Wilford Bridge Rd/A1152 , Continue to follow A1152, t the roundabout, take the 1st exit onto A12 , At the roundabout, take the 2nd exit onto Grove Rd/A12 , Continue to follow A12, At the roundabout, take the 2nd exit and stay on A12 , At the roundabout, take the 3rd exit onto Main Rd/A1214 , At the roundabout, take the 2nd exit and stay on Main Rd/A1214 , Continue to follow A1214, At the roundabout, take the 1st exit onto Heath Rd/A1189 , the hospital will be on your right.
Distance & Journey Time:	12.9 miles. 28 Minutes.
Nearest Walk-in Centre:	None
Alternative Trauma Hospital:	No.

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