

EMERGENCY ACTION PLAN SIMON'S CROSS



Club Name:	Wickham Market Youth Football Club
Club Address:	Simon's Cross Playing Field, Thong Hall Road, Wickham Market
Postcode:	IP13 0ST
What3words location:	Arching.Across.Sleepers.
Telephone:	N/A.

FIRST AIDERS / HELPER INFORMATION

Name	Mobile Number
For queries about this EAP:	
Helen Finlinson/Nicola Woods	07989357843/07846943113
See relevant coach for first aider on day of match	

FIRST AID EQUIPMENT AND FACILITIES

Item	Location
Defibrillator	In the club house cupboard to the right of the sink-labelled First Aid
Stretcher	No
First Aid Room	Club house. First aid kit is in the kitchen cupboard labelled First Aid.

ACCESS ROUTES

For Ambulance	
From Pitch to Ambulance	Through gate on the car park adjacent to club house. ?Key to gate is in the key box inside container

OTHER INFORMATION

Nearest A&E / Trauma Hospital:	Ipswich Hospital, Heath Road, Ipswich.
Fastest Route to A&E / Trauma Hospital:	Via A12: Turn right out of the car park, turn right onto Spring lane , turn right onto Broad Rd , Continue onto High St , Turn right onto High St/B1438 , Continue to follow B1438, Slight right to stay on B1438 , Continue straight onto A12 , At the roundabout, take the 2nd exit and stay on A12 , At the roundabout, take the 2nd exit onto Grove Rd/A12 , Continue to follow A12, At the roundabout, take the 2nd exit and stay on A12 , At the roundabout, take the 3rd exit onto Main Rd/A1214 , At the roundabout, take the 2nd exit and stay on Main Rd/A1214 , Continue to follow A1214, At the roundabout, take the 1st exit onto Heath Rd/A1189 , hospital is on your right.
Distance & Journey Time:	11.9 miles. 23 Minutes.
Nearest Walk-in Centre:	Wickham market medical centre
Alternative Trauma Hospital:	No