

EMERGENCY ACTION PLAN SUTTON



Club Name:	Wickham Market Youth Football Club
Club Address:	Sutton Memorial Hall, 25-2 Old Post Office Lane, Sutton, Woodbridge.
Postcode:	IP12 3JH
What3words location:	Segmented.Cement.Trophy
Telephone:	N/A.

FIRST AIDERS / HELPER INFORMATION

Name	Mobile Number
For queries about this EAP:	
Helen Finlinson/Nicola Woods	07989357843/07846943113
See relevant coach for first aider on day of match	

FIRST AID EQUIPMENT AND FACILITIES

Item	Location
Defibrillator	Outside of the Memorial hall
Stretcher	No
First Aid Room	First aid kit is in the store room on the right hand side of the hall when standing with back to the pitches.

ACCESS ROUTES

For Ambulance	
From Pitch to Ambulance	Through car park, open gate access.

OTHER INFORMATION

Nearest A&E / Trauma Hospital:	Ipswich Hospital, Heath Road, Ipswich.
Fastest Route to A&E / Trauma Hospital:	Turn left out of the car park onto Old Post Office Ln, turn right onto Main Rd/B1083, Continue to follow B1083, at the roundabout, take the 1st exit onto Wilford Bridge Rd/A1152, Continue to follow A1152, At the roundabout, take the 1st exit onto A12, At the roundabout, take the 2nd exit onto Grove Rd/A12, Continue to follow A12, At the roundabout, take the 2nd exit and stay on A12, At the roundabout, take the 3rd exit onto Main Rd/A1214, At the roundabout, take the 2nd exit and stay on Main Rd/A1214, Continue to follow A1214, At the roundabout, take the 1st exit onto Heath Rd/A1189, the hospital is on your right.
Distance & Journey Time:	11.6 miles. 24 Minutes.
Nearest Walk-in Centre:	None nearby
Alternative Trauma Hospital:	No.